

Welcome To New Life Kung Fu

Our Mission Statement: New Life Kung Fu's purpose is to develop it's students mentally, physically and spiritually.

Class Creed: I am developing myself Mentally by developing a can-do attitude, physically through daily practice and spiritually through my faith in Christ.

It is our goal to get to know you and your child and for you to become part of our family. We want you or your child to gain Balance, Flexibility, Strength and Endurance. We also want you or your child to gain self discipline, self control and self confidence.

If you have questions you can visit our website at newlifekungfu.com/faqs
If the answer to your question is not there, please ask and we will answer your question and add it to our FAQ's page for those that have the same question in the future.

If you can't access our website feel free to ask your question and we will be more than happy to answer it.

We want you or your child to have access to our level specific training videos so you can practice what you learned in class at home. Friend Shifu Don on Facebook here >>
<https://www.facebook.com/NWDon>, then send him a message about being added to the video training page.

You and your family are the most important part of New Life Kung Fu. We are excited to have you on board!!!

The most important thing you can do for yourself, is to practice everyday, even if it's just 5 minutes.

Your brother in Christ,

A handwritten signature in cursive script that reads "Shifu Don". The signature is written in black ink on a white background.